

Brandywine Chiropractic

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SOAP Note

Patient: Steve Smith
DOB: 1/25/1970
Date of Service: 8/15/2005
Date of Onset: 6/27/2005
History: MVA

SUBJECTIVE

COMPLAINT 1: Constant Lower cervical pain & stiffness. Severity level 3/10, with 10 being the most severe. This complaint has not changed since the last visit.
COMPLAINT 2: Constant Mid thoracic pain. Severity level 3/10, with 10 being the most severe. This complaint has not changed since the last visit.
COMPLAINT 3: Constant Lower lumbar pain & stiffness. Severity level 8/10, with 10 being the most severe. This complaint has not changed since the last visit.
COMPLAINT 4: Constant Headaches. Severity level 8/10, with 10 being the most severe. This complaint has not changed since the last visit.

OBJECTIVE

INSPECTION: (L) lateral shoulder contusion., (R) knee laceration.
POSTURE: Slumped
GAIT: Antalgic
RANGE OF MOTION: 1. Cervical spine severe restriction w/pain 2. Lumbar spine mild restriction

SPINAL PALPATION	U-CSP	L-CSP	U-TSP	M-TSP	L-TSP	U-LSP	L-LSP	SAC	CX	PLV	EXT
AB MOTION											
TENSION	2	2	1	1	2	3	3				
SPASM											
TRIGGER PT											
EDEMA											

Tension is graded on a scale of 1-5, with 5 being the most severe.

NEUROLOGICAL: CRANIAL NERVE EXAM: Gag Reflex (9): Normal SPINAL EXAM: DTRs are normal. Sensory exam is normal.
SPECIAL EXAMS: Babinski Reflex; (-); (B)
CHIROPRACTIC: ANALYSIS: Derfeld SUBLUXATIONS: 1. C6 (BL) 2. T5 (BL) 3. L5 (BR)

ASSESSMENT

Mr. Smith has improved 60% since the initial visit. His prognosis is good. The care he is receiving is reasonable and necessary.
DIAGNOSIS: 1. 722.0 Displacement of IVD 2. 874.1 Thoracic Sprain/Strain 3. 724.3 Sciatica

PLAN

TREATMENT: Chiropractic Care, Modalities, and Therap. Activites once per week for one month.
RECOMMENDATIONS: Cervical Pillow; Lumbar Support
EMPLOYMENT STATUS: Disabled due to current condition from 8/16/2005 until 8/30/2005.

TODAY'S TREATMENT

New Patient (detailed): 99203. CMT 3-4 Regions: 98941. Hot/Cold Pack: 97010. EMS: 97014. Ultrasound: 97035.

TREATMENT DETAILS

None



Damon Cozamanis, D.C.